

Busy as Bees Winter Menu

Week 1

Week no.	Monday	Tuesday	Wednesday	Thursday	Friday
1	Main meal Beef lasagne, Wedges Sliced cucumber	Baked potatoes Tuna/Mayo/sweet corn with Mixed vegetables	Quorn Pieces Chicken Curry/Nan bread with rice and sweet corn	Cod Fish, broccoli, sweet corn and chips	Pork Sausages Mashed potatoes and Baked Beans
1	Vegetarian meal Vegetable lasagne. Peas.	Baked Potatoes Hummus. Sweetcorn and Mixed Vegetables	Quorn Pieces Nan bread with rice and sweetcorn	Vegetable fingers broccoli and Chips	Mashed Potatoes baked beans Quorn/Vegan Sausages
1	Dessert Plain yoghurt with short bread biscuit	Sponge cake with custard	Strawberry/Chocolate mousse	Rice pudding with jam	Jelly with fruit Salad

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Week 2

Week no.		Monday	Tuesday	Wednesday	Thursday	Friday
2	Main meal	Spaghetti Bolognese, cheese mixed vegetable	Beef cheeseburger with potato wedge	Chicken nuggets, Oven chips and baked beans	Sausage mash potatoes, Baked beans.	Fish fingers Oven chips, peas/ carrot/ broccoli
2	Vegetarian meal	Vegan meatballs and Pasta	Vegan burger with potato wedge	Quorn nuggets, Oven chips and baked beans	Pasta baked with tomato sauce, grated carrots and cucumber	Vegetable fingers, Waffle potatoes and mixed salad
2	Dessert	Banana with Custard	Chocolate/strawberry mousse	Jelly with fruit Salad	Sponge cake with custard	Fromage frais